DISCOVER YOUR BREAST RECONSTRUCTION OPTIONS with MENTOR® Breast Implants
For over 25 years, Mentor has been recognized worldwide as a leading manufacturer of the highest quality breast implants.

MENTOR IS THE ONLY COMPANY THAT MANUFACTURES BREAST IMPLANTS IN THE USA.
There’s a lot to learn when you’re considering breast reconstruction or breast replacement surgery with breast implants. This brochure will help you build a solid foundation of understanding as you begin this important process of choosing from the most up-to-date product options from Mentor. Our MemoryShape® Breast Implants, MemoryGel® Breast Implants, and Saline Breast Implants are options for you to consider and discuss with your surgeon.

Our rich history is filled with industry firsts, innovative product designs and groundbreaking research. While other manufacturers have come and gone, Mentor has a record of continually producing leading-edge, FDA approved breast reconstruction products. We are dedicated to providing our customers with proven safe and effective products and service.

Like all things in life—the best decisions are made when you base them on your personal needs, desires, expectations, and facts.

As a reminder, it is important for you to know that the Women’s Health and Cancer Rights Act, a federal law passed in 1998, ensures your right to have these types of symmetry procedures and nipple reconstruction covered by your health insurance provider.
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Back Cover Important Safety Information
Many women feel that reconstruction is an important next step in their recovery and overall healing. For some, reconstruction can be a means of regaining a sense of wholeness and confidence in your appearance that may have been lost or impacted during treatment. For others, the reason is more practical—they simply don’t like the hassle or worry associated with wearing a prosthesis. Being informed about your options will help you and your surgeon make the right choices.

It is important to note that any breast reconstruction process will require multiple procedures and the actual number of surgeries and recovery times vary. Choose a surgeon who is experienced with breast reconstruction and encourage your general surgeon to collaborate for the best overall care.

Why choose Reconstruction?
Tens of thousands of breast cancer patients have elected to have breast reconstruction surgery. Breast reconstruction rebuilds your breast shape and feel after a mastectomy. Choosing breast reconstruction is very personal. Many studies have suggested that breast reconstruction constitutes a “reverse mastectomy” through the restoration of body image, self-esteem, and sexuality. The psychosocial benefits of breast reconstruction for those who desire it have been well established. Breast reconstruction procedures vary depending on the results you desire along with your particular situation and other physical and psychological factors. Ask your surgeon for a detailed explanation of which option is most suitable for you and your lifestyle. It is essential to be well informed before deciding whether to have reconstruction surgery and which implant is right for you.

Keep a list of questions you may have and review them with your surgeon during those consultations.
Breast reconstruction can be accomplished at the time of your mastectomy (immediate reconstruction) or at some point afterward (delayed reconstruction). The reconstruction procedure and products that are right for you will vary depending on your desired outcome, personal preferences, and physical factors.

IMMEDIATE RECONSTRUCTION

Immediate breast reconstruction begins at the time of your mastectomy. After the general surgeon removes your breast tissue, the reconstruction surgeon will then place a breast implant or tissue expander.

One-Stage

Immediate one-stage reconstruction is when your surgeon places a breast implant immediately after your mastectomy. Women who have had a nipple sparing mastectomy (when the nipple is not removed) leaving the majority of the breast-skin, may have the possibility of one-stage reconstruction.
Two-Stage

Immediate two-stage reconstruction starts with the placement of a breast tissue expander that is placed after the general surgeon removes the breast tissue. The expander is gradually filled with sterile saline by your surgeon in an outpatient clinic setting. The volume will be increased in the tissue expander over time causing the surrounding tissue to stretch and allow new skin to be created to obtain the desired result. The tissue expander is then replaced by a breast implant some time later. This procedure allows for the most flexibility in shaping the breast.

Additional option

An additional option is that your plastic surgeon may place a dual function implant that is an adjustable breast implant. This dual function implant is filled with little to no volume initially. Fluid is gradually added in a simple office procedure after your surgery—similar to the process of filling a tissue expander. Once your desired breast size is achieved, the fill mechanism is removed in the office. The dual function device can ultimately serve as a long-term implant, reducing the need for additional surgery.

The exact number of procedures and estimated recovery times will vary for every woman. Your general surgeon, plastic surgeon, and oncologist should work together as a team to plan your individual reconstructive process.

Immediate Reconstruction Product Options

Once you have learned that you are a candidate for immediate breast reconstruction surgery, deciding which products to use to achieve your desired results is the next step in your journey. Continue reading to learn more about your product options.

MENTOR® BREAST TISSUE EXPANDERS —Tissue expanders are used in two-stage immediate breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy.
MENTOR® BREAST IMPLANTS—Breast implants can be used during both one-stage and two-stage immediate breast reconstruction surgery. A breast implant is a sack (implant shell) made of silicone elastomer—filled with either silicone gel or saline fluid—that is surgically implanted under your breast tissue or under your chest muscle to increase breast mass. Mentor offers silicone and saline implants that adhere to the highest standards of safety on the market today.

MENTOR® SPECTRUM® ADJUSTABLE SALINE BREAST IMPLANT—Many one-stage immediate breast reconstruction surgeries involve the placement of a single adjustable implant that combines the functions of a temporary tissue expander with those of a long-term saline breast implant. The volume of the SPECTRUM® Implant can be expanded postoperatively over a period of several months, until your desired size is achieved.

FLEXHD® ACELLULAR HYDRATED DERMIS—Allograft is used to supplement your remaining breast tissue. It can provide support for skin along the lower portion of an implant. It also helps create a secure pocket that defines the inframammary fold, and provides an additional layer of coverage for the implant/expander.

Important Safety Information For FlexHD® Pliable
Possible risks include infection, necrosis (tissue death) and immune responses such as tissue rejection. Discuss the risks and benefits with your doctor.
DELAYED RECONSTRUCTION

Unlike immediate breast reconstruction, delayed breast reconstruction does not begin at the time of your mastectomy. Delayed breast reconstruction surgery may begin weeks, months, or even years after your mastectomy. Your plastic surgeon will begin reconstructive surgery at whatever time you and your care team decides is best given your unique situation. Two-stage reconstruction is the only procedural option if you elect to have delayed reconstruction surgery, because the skin over your chest will have contracted and lost the breastshape in the intervening time.

Two-stage delayed breast implant reconstruction involves a combination of procedures to gradually expand the skin on your chest into the shape of a breast and create a pocket for the breast implant to occupy. Delayed breast reconstruction starts with the placement of a breast tissue expander. The breast tissue expander is gradually filled with sterile saline fluid to expand and grow your skin. Several months later the tissue expander is replaced with a breast implant, after enough new skin has been created to obtain the best result.
Delayed Reconstruction Product Options

Below is a brief discussion of your product options for breast tissue expanders and breast implants. For delayed reconstruction talk to your plastic surgeon to decide which products will yield the best reconstruction results given your specific needs.

MENTOR® BREAST TISSUE EXPANDERS — Tissue expanders are used in two-stage delayed breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy.

MENTOR® BREAST IMPLANTS — When your breast tissues have expanded enough to accommodate a predetermined additional mass, the tissue expander will be removed and a breast implant will be placed. Mentor offers both silicone and saline implants that adhere to the highest standards of safety on the market today.

FLEXHD® PLIABLE — Allograft supplements your remaining breast tissue. It can provide support for skin along the lower portion of an implant. It also helps create a secure pocket that defines the inframammary fold, and provides an additional layer of coverage for the implant/expander.

Important Safety Information For FlexHD® Pliable
Possible risks include infection, necrosis (tissue death) and immune responses such as tissue rejection. Discuss the risks and benefits with your doctor.
PRODUCT OVERVIEW

Mentor is a world leader in breast implant manufacturing. We adhere to the highest standards of safety in research, testing, production, and clinical trials. Furthermore, all MENTOR® Implants are proudly made in the USA. Explore this section to learn more about the wide variety of breast implant styles that Mentor offers. You can also review safety and warranty information, as well as read answers to frequently asked questions.

MENTOR® BREAST TISSUE EXPANDERS

CONTOUR PROFILE® Breast Tissue Expanders

Tissue expanders are used in both immediate and delayed breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy. After your general surgeon removes your breast tissue, your plastic surgeon will insert the unfilled tissue expander.

MENTOR® CONTOUR PROFILE® Expanders are designed to expand primarily in the lower portion of the breast, so the resulting pocket will accommodate your selected breast implant and slope like a mature breast. The addition of a SILTEX® Texture texturized shell promotes a reduction in shifting with the goal to minimize capsular contracture. CONTOUR PROFILE® Expanders also have an integral injection dome that allows your surgeon to add saline solution to the expander and gradually stretch the breast tissue over a period of several months. The tissue expander is removed when your breast tissues can accommodate the breast implant you and your care team have selected.
Smooth and SILTEX® SPECTRUM® Adjustable Saline Breast Implants

The SPECTRUM® Adjustable Implant functions as both a tissue expander and a long-term saline breast implant. It can be placed with minimal volume during your initial surgery, with the fluid volume gradually being increased over time, which expands the breast’s tissues. This implant contains a fill tube and remote injection dome that should be removed when the final volume is reached. The implant is then left in place as the long-term breast implant.

MENTOR® BREAST IMPLANTS

Mentor produces two main types of breast implants: silicone and saline-filled. Saline filled breast implants are silicone shells filled with saline—a saltwater solution that is very similar to the natural fluid that makes up most of the human body. Silicone breast implants are silicone shells that are filled with safe, flexible, silicone gel. Both implant types have features that may be right for you. View our side-by-side breast implant comparison chart on page 12 to see an overview of features for our saline and silicone breast implants. Your plastic surgeon will help you decide which implant options are right for you based on your body type, desired outcomes, and expectations.
BREAST IMPLANT FEATURES

Size
Breast implant size is measured in cubic centimeters (often referred to as cc’s). The larger the implant, the higher the volume of cc’s will be. For example, a 300cc implant is larger than a 250cc implant. Breast implant sizes do not correspond to traditional bra cup sizes. Your surgeon is the best resource for determining what size implant is best for your body.

Profile
The profile of a breast implant refers to the level of forward projection from the chest wall in relation to the base width of the implant. In other words, the profile indicates the distance the implant will project from your body. A higher profile breast implant will create a more prominent silhouette than a lower profile breast implant.

Shape
MENTOR® Silicone Implants are available in two distinct shapes: teardrop and round. MENTOR® MemoryShape® Breast Implants are teardrop shaped, tapered at the top and gently sloping to a fuller projection point near the implant’s base, mimicking the silhouette of a natural breast. MENTOR® MemoryGel® Breast Implants are round and, therefore, able to shift slightly once positioned without distorting the shape of the breast. Talk to your surgeon to explore different shape options and learn about which one may be right for you.

CONTOUR PROFILE® SALINE BREAST IMPLANTS, are often preferred by women who are looking for a gently sloping breast silhouette and are available in a moderate or high profile.

SPECTRUM® ADJUSTABLE BREAST IMPLANTS can be adjusted after surgery, and are available in both round and contoured shapes.
Surface Texture
MENTOR® Breast Implant shells are offered with either a smooth or textured surface shell. SILTEX® Imprinted Texture helps reduce the chance of capsular contracture and were designed to prevent shaped implants from shifting in position. Talk to your surgeon to decide which surface texture is best for you.
WHICH TYPE OF MENTOR® BREAST IMPLANT IS RIGHT FOR YOU?

This side-by-side comparison of MemoryGel® Breast Implants, MemoryShape® Breast Implants, and Saline Filled Breast Implants may help you determine which implant type is right for you. Your plastic surgeon is another excellent resource with whom to discuss your options. You and your plastic surgeon will discuss which option is the best for you based on your desired outcome.

How do MENTOR® Silicone Breast Implants and Saline Breast Implants compare?

<table>
<thead>
<tr>
<th></th>
<th>MENTOR® MEMORYSHAPE® BREAST IMPLANT</th>
<th>MENTOR® MEMORYGEL® BREAST IMPLANT</th>
<th>saline Filled BREAST IMPLANT</th>
</tr>
</thead>
<tbody>
<tr>
<td>FDA approved</td>
<td>YES</td>
<td>YES</td>
<td></td>
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<tr>
<td>Made in the USA</td>
<td>YES</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>Fill</td>
<td>Filled with a highly cohesive gel for durable shape retention designed to give a youthful feel.</td>
<td>Filled with a proprietary cohesive gel that holds together uniformly while retaining the natural give that resembles breast tissue.</td>
<td>Filled with a saltwater solution similar to the fluid that makes up most of the human body; slightly firmer feel than gel.</td>
</tr>
<tr>
<td>Volume</td>
<td>Set fill volume for predictable results.</td>
<td>Flexible fill volume, allowing the surgeon to adjust the volume during the procedure.</td>
<td></td>
</tr>
<tr>
<td>Projection options</td>
<td>Teardrop-shaped to resemble the natural slope of a breast with full projection point at the lower portion of the implant.</td>
<td>Four projection options: Moderate classic, Moderate plus, high and ultra high profiles.</td>
<td>Three projection options: Moderate, Moderate plus, and high profiles.</td>
</tr>
<tr>
<td>Shell surface options</td>
<td>Imprinted with MENTOR® SILTEX® Texture designed to keep your implants in place.</td>
<td>Two shell surfaces available: smooth and textured (siltex® texture).</td>
<td>Two shell surfaces available: smooth and textured (siltex® texture).</td>
</tr>
<tr>
<td>Warranty</td>
<td>Covered by the Mentor (free) or Mentor Enhanced Warranty (when purchased) and product replacement policy.</td>
<td>Covered by the Mentor standard (free) or Mentor enhanced advantage limited Warranty (when purchased) and lifetime product replacement policy for deflation.</td>
<td></td>
</tr>
</tbody>
</table>
**MENTOR® MEMORYGEL® BREAST IMPLANT**

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fill</td>
<td>Filled with a proprietary cohesive gel that holds together uniformly while retaining the natural give that resembles breast tissue.</td>
</tr>
<tr>
<td>Set fill volume</td>
<td>Flexible fill volume, allowing the surgeon to adjust the volume during the procedure.</td>
</tr>
<tr>
<td>Projection options</td>
<td>Four projection options: Moderate Classic, Moderate Plus, High and Ultra High Profiles.</td>
</tr>
<tr>
<td>Shell surface</td>
<td>Two shell surfaces available: smooth and textured (SILTEX® Texture).</td>
</tr>
<tr>
<td>Warranty</td>
<td>Covered by the Mentor (free) or Mentor Enhanced Warranty (when purchased) and Product Replacement Policy.</td>
</tr>
</tbody>
</table>

**SALINE FILLED BREAST IMPLANT**

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fill</td>
<td>Filled with a saltwater solution similar to the fluid that makes up most of the human body; slightly firmer feel than gel.</td>
</tr>
<tr>
<td>Set fill volume</td>
<td>Flexible fill volume, allowing the surgeon to adjust the volume during the procedure.</td>
</tr>
<tr>
<td>Projection options</td>
<td>Three projection options: Moderate, Moderate Plus, and High Profiles.</td>
</tr>
<tr>
<td>Shell surface</td>
<td>Two shell surfaces available: smooth and textured (SILTEX® Texture).</td>
</tr>
<tr>
<td>Warranty</td>
<td>Covered by the Mentor Standard (free) or Mentor Enhanced Advantage Limited Warranty (when purchased) and Lifetime Product Replacement Policy for deflation.</td>
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</tbody>
</table>

For full program details and qualifications, visit www.mentorwwllc.com
MENTOR® MEMORYSHAPE® BREAST IMPLANTS

The newest addition to our family of products
Our MemoryShape® Implants give your surgeon an additional choice to help you achieve a natural-looking silhouette.

Trusted and Proven
With over 10 years of surgical use, and available in more than 70 countries worldwide*, MemoryShape® Breast Implants are a leading choice for women who could benefit from an implant that helps create the natural shape of the breast.¹

Youthful firmness
The cohesive gel that Mentor uses is formulated unlike any other to give your breasts a youthful feel.

Gentle texture
Each MemoryShape® Implant features SILTEX® Texture, a gentle imprinting process designed to help keep your implants in place.

* Referred to as MENTOR® CPG® Gel Breast Implants outside the United States.
¹ Data on file at MENTOR Worldwide LLC.
Are MemoryShape® Implants right for you?
As with all breast implant choices, you and your surgeon will take into consideration your unique features, as well as your desired outcomes in order to give you the result you’re looking for.

If you’re considering reconstruction with MemoryShape® Implants:

Do you have a certain look in mind?
Teardrop-shaped implants are made to match the silhouette of a natural breast with more fullness at the bottom than at the top. If this is the look you want, MemoryShape® Breast Implants may be right for you.

Is the feel of the breast implant most important to you?
MemoryShape® Implants are filled with a highly cohesive silicone gel that helps the implant create a natural breast silhouette. Although this gel is pliant, it may feel firmer to you than your natural breast tissue.

Do you have sufficient tissue coverage?
An important consideration in determining which implant will be right for you is the amount of breast tissue coverage you have. During your consultation, your surgeon will evaluate your breast tissue and determine which implants are well suited to you.

Do you have an incision site preference?
When placing a breast implant, there are three common incision sites: around the nipple (periareolar), within the breast fold (inframammary) and underneath the arm (axillary). MemoryShape® Implants may be placed using any of these incision sites. However, the most common incision site is within the breast fold. Shaped implants may require a larger incision than round implants.
MENTOR® MEMORYGEL®
BREAST IMPLANTS

A trusted choice
MemoryGel® Implants have been successfully used and trusted for 25 years by millions of women worldwide. Why? Because our implants feel like natural breast tissue—without compromising reliability or safety. After decades of research and testing, MemoryGel® Breast Implants are FDA approved for women in the US. MemoryGel® Implants come in either a textured or smooth surface shell and are available in a wide range of sizes and profiles to fit your body.
A Picture is Worth a Thousand Words

We have cut a MENTOR® MemoryGel® Breast Implant in half to demonstrate how the gel material holds together uniformly. MemoryGel® is a cohesive, gelatin-like substance that does not pour or separate like a liquid, but acts more like a solid.

Our adherence to strict quality manufacturing requirements has resulted in silicone shells that have been tested and shown to possess excellent strength, resilience and elasticity.

We’re proud of our MemoryGel® Implants and it’s easy to see why:

• MemoryGel® Breast Implants are one of the most studied medical devices in the world.
• The uniquely formulated cohesive gel creates the soft, natural feel preferred by millions of women.
MENTOR® SALINE BREAST IMPLANTS—ANOTHER OPTION

Saline filled Breast Implants also come in a variety of shapes, sizes, profiles and surface textures. Saline implants are inserted into the body without fluid. Once placed, the implant is filled to the pre-determined size.

MENTOR® SPECTRUM® ADJUSTABLE SALINE BREAST IMPLANTS

An innovative line of adjustable implants

Often, the most difficult decision for most women regarding breast reconstruction is choosing the breast size. The innovative line of MENTOR® SPECTRUM® Breast Implants makes the decision-making process easier because the size can be adjusted after surgery. In fact, SPECTRUM® Implants are the only postoperatively adjustable saline-filled implants that allow your surgeon to adjust the size of your implant for up to six months after your procedure.
FlexHd® pliable

Perhaps your surgeon has mentioned allografts for your breast restoration surgery. Allografts are successfully used in a number of surgeries including hernia repair, facial reconstruction, and breast restoration.

What is an allograft?

An allograft is a term used to describe an organ or tissue donated from one individual to another. In the case of FlexHd® the allograft is made from donated human dermis (skin). FlexHd® is used to supplement your remaining breast tissue. It can provide support for skin along the lower portion of an implant like a tissue expander. It can also help maintain the position of the implant.

FlexHd® Pliable and Tissue Regeneration

FlexHd® is not only a strong tissue substitute, it also supports the natural, full regrowth of your own tissue, a process called tissue regeneration.

FlexHd® and Safety: Allografts of Excellent Quality

FlexHd® Pliable is brought to you through an alliance between MTF and Mentor Worldwide LLC. The Musculoskeletal Transplant Foundation (MTF) is a nonprofit service organization started by surgeons, for surgeons. It uses the latest technology to ensure that allografts meet rigorous standards of quality and safety. MTF’s strict quality screening standards accept less than 3 in 100 referred donors. This ensures you receive tissue from donors that have been screened with exacting criteria regarding their medical and lifestyle histories, including cancer history. Since its inception in 1987, MTF has become the largest accredited tissue bank in the United States and possesses an excellent safety record. Therefore you can be confident that you’re receiving tissue that meets rigorous standards.
MENTOR® Silicone Breast Implants have been successfully used and trusted for over 25 years by millions of women worldwide. Why? Our implants feel more like natural breast tissue without compromising reliability or safety. Mentor has conducted seven silicone gel breast implant clinical studies, some of which are ongoing. Over 200,000 women have participated in Mentor’s studies in order to provide a significant body of clinical evidence demonstrating the safety and effectiveness of silicone-filled breast implants. As we have to date, Mentor will remain committed to providing objective, clinical information about breast implant safety.

MENTOR® MemoryGel® Breast Implants are FDA approved for breast reconstruction and augmentation. The Institute of Medicine concluded that:

“There is no evidence that silicone implants are responsible for any major diseases of the whole body. Women are exposed to silicone constantly in their daily lives.”

Silicone used today versus silicone of the past

Silicone gel filled breast implants have undergone changes over time to meet increasingly sophisticated consumer expectations. The very first silicone breast implants used thick shells and contained firm gel. The second generation of implants introduced in the late 1970’s had thinner shells and used less firm gel to address concerns of patients and surgeons who believed that implants were too firm, palpable and visible.

In the mid 1980s, concerns related to rupture rates of the second generation thinner-shelled implants led manufacturers to introduce a third generation of implants. The shell and gel of these third generation implants were slightly thicker but still soft.

Today the fourth generation silicone gel filled implants are available. They are referred to as highly cohesive gel implants.

MENTOR® Products have kept pace with the ever-evolving expectations of surgeons and patients who desire a soft gel to retain the natural feel that resembles actual breast tissue.
ANOTHER IMPORTANT REASON TO TRUST MENTOR:

MENTOR® Breast Implants are the only silicone implants made in the US. Their strict quality manufacturing requirements exceed the US standards.

Nothing could be more important than the quality of the breast implant that you and your surgeon choose

Mentor is the world leader in breast implant manufacturing, research and testing. For over 35 years, we have adhered to the highest standards of safety in manufacturing, testing and clinical trials for saline and silicone breast implants for use in both breast augmentation and breast reconstruction. Because of this, we are consistently recognized by surgeons for outstanding product integrity. Over 2 million women worldwide have used MENTOR® MemoryGel® Breast Implants.

Mentor is committed to conducting long-term, far-reaching clinical studies.

In addition to FDA evaluations, Mentor is committed to conducting its own long-term, far-reaching clinical studies. Throughout the years, Mentor has done extensive safety evaluations of both saline filled breast implants and gel filled breast implants. Mentor is and will remain committed to providing objective, clinical information about breast implant safety.
MENTOR PRODUCT REPLACEMENT POLICY AND LIMITED WARRANTIES

We have the industry’s most comprehensive warranty and product guarantee for our full line of MENTOR® Breast Implants. We are proud to offer the Mentor Warranty and the Mentor Enhanced Warranty.

MENTOR® MEMORYGEL® BREAST IMPLANTS AND MEMORY SHAPE® BREAST IMPLANTS

THE MENTOR WARRANTY

Here’s what’s included:

• Automatic enrollment in our Product Replacement Policy*

• Pays up to $3,500¹ financial assistance for certain operating room, anesthesia, and surgeon fees not covered by insurance occurring from a confirmed, qualifying rupture for up to 10 years from the date of implant surgery occurring on or after October 6, 2014

• Plus, this warranty coverage is Free

THE MENTOR ENHANCED WARRANTY

Here’s what’s included:

• Automatically includes the Mentor Warranty

• Pays up to $3,500¹ financial assistance for certain operating room, anesthesia, and surgeon fees not covered by insurance for replacement surgery resulting from capsular contracture Baker Grade III or IV, double capsule, or late-forming seroma for up to 10 years from the date of primary² implant surgery occurring on or after date of implant October 6, 2014

¹ Operating room and anesthesia charges to be given payment priority. In order to qualify for financial assistance, you will need to sign a Release before Mentor will make payment to you or on your behalf.

² Primary means the very first original implantation of the MENTOR® MemoryGel® Breast Implant or MemoryShape® Breast implant. Prior implant(s), regardless of type, style, or manufacturer, preclude inclusion in the Mentor Enhanced Warranty for both replacement product and financial assistance. In the event of primary reconstruction with use of a tissue expander, the temporary tissue expander does not qualify as an implant.
• Expands the Product Replacement Policy from 3 to 10 years for a primary² implant surgery, whether augmentation or reconstruction, for capsular contracture Baker Grade III or IV, double capsule, and late-forming seroma. This includes free contralateral (opposite side) implant replacement upon surgeon request.
• Must be purchased for an enrollment fee of $200 within 45 days from implantation

*PRODUCT REPLACEMENT POLICY

• Automatically applies to all patients who receive MENTOR® MemoryGel® and MemoryShape® Breast Implants
• Provides that regardless of the age of the implant, when confirmed rupture occurs, patients are eligible for replacement breast implants of any size in the same style at no charge, including opposite side implant replacement upon surgeon request.

Mentor provides patients with free, lifetime replacement of Mentor gel-filled breast implants that rupture due to loss of shell integrity. The patient’s surgeon must request replacement product from Mentor.

For patients experiencing their primary augmentation or primary reconstruction with date of implant on or after October 6, 2014 the Product Replacement Policy also applies to the following events if they occur within three (3) years from the date of implantation:
• Capsular Contracture, Baker Grade III or Baker Grade IV
• Double Capsule
• Late-Forming Seroma

For full program details including qualifications, visit www.mentorwwllc.com

²Primary means the very first original implantation of the MENTOR® MemoryGel® Breast Implant or MemoryShape® Breast implant. Prior implant(s), regardless of type, style, or manufacturer, preclude inclusion in the Mentor Enhanced Warranty for both replacement product and financial assistance. In the event of primary reconstruction with use of a tissue expander, the temporary tissue expander does not qualify as an implant.
As a mastectomy patient, are there any measures in place that protect my rights to breast reconstruction?

Your right to breast reconstruction may be protected under the Federal Women’s Health and Cancer Rights Act of 1998. The Women’s Health and Cancer Rights Act (WHCRA) requires insurance companies that cover mastectomies to provide certain benefits related to reconstructive surgery and other post-mastectomy procedures. This can include coverage for reconstructive nipple surgery and surgeries that extend to the uninvolved breast to improve overall symmetry.

Your insurance provider is required to notify you regarding your rights as addressed by WHCRA at the time of enrollment. Please read through this information carefully. It is important to note that your healthcare provider may not pay for both a breast prosthesis and reconstructive surgery. This means that if you are reimbursed for a breast prosthesis, your insurance company may choose not to provide coverage for any subsequent breast reconstructive procedure.

Although WHCRA is a federal law, individual states have jurisdiction over whether WHCRA applies to individual insurance plans and group policies. If your state does not mandate reconstruction rights as set forth by WHCRA, contact your local representative to voice your support for increasing breast reconstruction awareness.
FREQUENTLY ASKED QUESTIONS ABOUT BREAST IMPLANTS

For the most comprehensive information about reconstructive surgery, we invite you to visit www.YourBreastOptions.com

What is a breast implant?
When someone says “breast implant,” they are describing a silicone shell that is filled with either silicone gel or saline solution. Breast augmentation and reconstruction surgeons insert these implants under breast tissue or under the chest muscle to create a fuller looking-and-feeling bust line.

What are MENTOR® MemoryGel® Breast Implants?
MENTOR® MemoryGel® Breast Implants are pre-filled with Mentor’s propriety cohesive silicone gel. MENTOR® MemoryGel® Breast Implants hold safely and uniformly together to deliver a natural feel that closely resembles natural breast tissue.
What are Saline filled breast implants?
Saline filled breast implants are silicone shells filled with saline (a saltwater solution) that is very similar to the body’s natural fluid which makes up most of the human body. Saline implants are inserted into the body without fluid and then filled with the saline fluid through a fill tube during the surgery to adjust and achieve optimal volume. Certain MENTOR® Saline Filled Breast Implants also allow for adjustments after surgery.

What is silicone?
Silicone is derived from silicon, a semi-metallic or metal-like element that in nature combines with oxygen to form silicon dioxide, or silica. Beach sand, crystals and quartz are silica. Silica is the most common substance on earth. Heating silica with carbon at a high temperature can produce silicon. Further processing can convert the silicon into silicone, which can be a liquid, a gel or a rubbery substance. Various silicones are used in lubricants and oils, as well as in silicone elastomers. Silicone can be found in many common consumer items, such as chewing gum, nail polishes, suntan and hand lotions, antiperspirants, bath soaps and processed foods.

Are silicone gel-filled implants safe?
MENTOR® MemoryGel® Breast Implants have been successfully used and trusted for over 25 years by millions of women worldwide. Mentor currently has seven silicone gel breast implant clinical studies in progress. More than 200,000 women have participated in Mentor’s studies in order to provide a significant body of clinical evidence demonstrating the safety and effectiveness of silicone filled breast implants. As we have for many years, Mentor will remain committed to providing objective information about breast implant safety.

Good news from the scientific community
The Institute of Medicine, in a highly respected study, concluded that, “There is no evidence that silicone implants are responsible for any major diseases of the whole body. Women are exposed to silicone constantly in their daily lives.”

How is the silicone gel used today different from the silicone used in years past?

Silicone gel filled breast implants have undergone changes in the last three decades to meet increasingly sophisticated consumer expectations. The very first silicone breast implants used thick shells and contained firm gel. Then, a second generation of implants with thinner shells and less firm gel was introduced in the late 1970s to address concerns of patients and surgeons who believed that implants were too firm, palpable and visible.

In the mid 1980s, concerns related to rupture rates of the second generation thinner-shelled implants led manufacturers to introduce a third generation of implants. The shell and gel of these third and fourth generation implants are slightly thicker but still soft.

Today these third generation and fourth generation silicone gel filled implants are typically referred to as cohesive gel implants and highly cohesive gel implants, respectively. MENTOR® Products have kept pace with the ever-evolving expectations of surgeons and women who desire a soft gel to retain the natural feel that resembles actual breast tissues.

Do MENTOR® Breast Implants include latex?

No. Because latex allergies are so common, MENTOR® Breast Implants are not made with natural rubber.

Is there active platinum in breast implants?

The manufacture of silicone breast implant shells and gel-filling materials uses platinum as a catalyst. Because very small amounts of platinum remain in the product following its manufacture, concerns have been raised that platinum may enter the body and cause adverse effects—either by diffusing through the intact shell, or through an implant rupture.

However, in 2006, the United States Food and Drug Administration (FDA) released the following conclusion about platinum: “Based on the existing literature, the FDA believes that the platinum contained in breast implants is in the zero oxidation state, which would pose the lowest risk, and thus that the small amounts of platinum that leak through the
shell do not represent a significant risk to women with silicone breast implants.**

How much do breast implants weigh?
You can use this formula to estimate the weight of your MENTOR® MemoryGel® Breast Implants and Saline Filled Breast Implants: 1 ounce = 30 cc’s.

Example: A 300 cc implant = 10 ounces. Implant weight will vary with implant size.

How do cc’s compare to cup size?
cc volumes do not accurately translate to bra cup sizes.

How do breast implants affect mammography?
With breast implants, routine mammography screening may be more difficult. The implant may interfere with finding breast cancer during mammography and generally requires additional x-rays and more potential exposure to radiation. If you are of the proper age for mammography screening, you should continue to undergo routine mammography screenings as recommended by your primary care surgeon. When you do, be sure to inform the mammography technician that you have implants.

What is the average life expectancy of a breast implant?
It’s important to know that breast implants don’t last a lifetime. While implant duration varies from woman to woman, implants need to be replaced at some time. Replacement is often prompted by choice, such as a desired size change, or implant style change. Some women undergo breast implant replacement because of a complication, such as saline deflation or gel rupture.

Do implants influence the occurrence of breast cancer?
Patients with breast implants have not been found to be at a greater risk of developing breast cancer than those without breast implants.

*source: www.fda.gov/cdrh/breastimplants/platinum.html
Should I be at my ideal weight before I have a breast implant procedure?
You should be close to your ideal weight when you have breast implant surgery. Why? Because women who lose or gain a significant amount of weight after receiving breast implants sometimes alter the results in unpredictable and/or undesirable ways.

How long should I wait to resume exercise and other strenuous activities after breast reconstruction?
Your surgeon is in the best position to answer this question. Because recovery periods vary from woman to woman, he or she will determine how much downtime you may need and when to resume normal activities. Be sure to check with your surgeon before returning to your workouts.

What affect does smoking have on the healing process following surgery?
Smoking can compromise recovery a great deal by causing the blood vessels to constrict, reducing blood flow, and the oxygen it carries, to the surgical area. Your tissues need this blood and oxygen supply to heal properly. When your blood supply is reduced, tissues heal more slowly and irregularly.
That’s why surgeons ask patients to refrain from smoking for one to five weeks prior to and after surgery. It is important that you ask your surgeon what his or her specific recommendation for you would be.

Are MENTOR® Breast Implants covered by a warranty?
Your peace of mind is important to us. All MENTOR® Products come with Mentor’s Product Replacement Policy which provides for the free lifetime product replacement of our gel filled and saline filled breast implants that rupture due to loss of shell integrity. The Patient’s surgeon must request replacement product from Mentor.
Please visit www.mentorwwllc.com to learn more about the terms of our Limited Warranties and Product Replacement Policy.
WE’RE ALWAYS HERE TO HELP

The following resource may help you obtain additional information so you can make an informed decision about breast reconstruction.

**Institute of Medicine Report on the Safety of Silicone Breast Implants**
www.nap.edu/catalog/9602.html

**Food and Drug Administration**
Toll Free: 1-888-Info-FDA or 301-8230
www.fda.gov/cdrh/breastimplants

**American Society of Plastic Surgeons**
www.plasticsurgery.org

**National Cancer Institute**
Toll Free: 1-800-4-CANCER
www.cancernet.nci.nih.gov

**Breast Reconstruction Resources**

**Cancer Support Community**
Phone: 1-202-659-9709
Toll Free: 1-888-793-9355
www.cancersupportcommunity.org

**FORCE: Facing Our Risk of Cancer Empowered**
Toll-free: 1-866-288-RISK (7475)
www.facingourrisk.org

**Living Beyond Breast Cancer**
Toll Free: 1-855-807-6386
Phone: 1-610-645-4567
www.lbcc.org

**Young Survival Coalition**
Phone: 1-877-972-1011
Fax: 1-646-257-3030
www.youngsurvival.org

For additional information or questions about MENTOR® Breast Implants, please call 1-800-MENTOR-8 or visit:

YourBreastOptions.com
Important Safety Information

The MENTOR® Collection of Breast Implants are indicated for breast reconstruction. Breast implant surgery should not be performed in women:

- With active infection anywhere in their body
- With existing cancer or pre-cancer of their breasts who have not received adequate treatment for those conditions
- Who are currently pregnant or nursing

Safety and effectiveness have not been established in patients with autoimmune diseases (for example lupus and scleroderma), a weakened immune system, conditions that interfere with wound healing and blood clotting, or reduced blood supply to breast tissue. Patients with a diagnosis of depression, or other mental health disorders, should wait until resolution or stabilization of these conditions prior to undergoing breast implantation surgery.

There are risks associated with breast implant surgery. You should be aware that breast implants are not lifetime devices and breast implantation may not be a one-time surgery. You may need additional unplanned surgeries on your breasts because of complications or unacceptable cosmetic outcomes. Many of the changes to your breast following implantation are irreversible (cannot be undone) and breast implants may affect your ability to breastfeed, either by reducing or eliminating milk production.

Breast implants are not lifetime devices and breast implantation may not be a one-time surgery. The most common complications for breast reconstruction with MENTOR® Memory-Gel® Breast Implants include any reoperation, implant removal with or without replacement, and capsular contracture. The most common complications with MENTOR® MemoryShape® Breast Implants for breast reconstruction include reoperation for any reason, implant removal with or without replacement, and capsular contracture. A lower risk of complication is rupture. The health consequences of a ruptured silicone gel breast implant have not been fully established. MRI screenings are recommended three years after initial implant surgery and then every two years after to detect silent rupture.

The most common complications for breast reconstruction with MENTOR® Saline-filled Breast Implants include re-operation, implant removal, capsular contracture, breast pain, and implant deflation.

Detailed information regarding the risks and benefits associated with MENTOR® Breast Implants is provided in several educational brochures. For MemoryGel® Implants: Important Information for Reconstruction Patients about MENTOR® MemoryGel® Breast Implants. For MemoryShape® Implants: Patient Educational Brochure – Breast Reconstruction with MENTOR® MemoryShape® Breast Implants and Quick Facts about Breast Augmentation & Reconstruction with MENTOR® MemoryShape® Breast Implants. For MENTOR® Saline-filled Implants: Saline-Filled Breast Implants: Making an Informed Decision. These brochures are available from your surgeon or visit www.mentorwwllc.com. It is important that you read and understand these brochures when considering MENTOR® Breast Implants.

The CONTOUR PROFILE® Tissue Expander can be utilized for breast reconstruction after mastectomy, correction of an underdeveloped breast, scar revision, and tissue defect procedures. The expander is intended for temporary subcutaneous or submuscular implantation and is not intended for use beyond six months. CONTOUR PROFILE® Expanders should not be used in patients where an MRI may be needed. The device could be moved by the MRI causing pain or displacement, potentially resulting in a revision surgery. The incidence of extrusion of the expander has been shown to increase when the expander has been placed in injured areas. Detailed information about indications, contraindications, warnings, and precautions associated with the use of CONTOUR PROFILE® Expanders are provided in the Product Insert Data Sheet available online at www.mentorwwllc.com

FlexHD® is a registered trademark of the Musculoskeletal Transplant Foundation.